

What are Preventive Services?

These services include screenings, checkups and counseling. They help prevent health problems before you have any symptoms. They do not include tests or services to monitor or manage a condition or disease once it has been diagnosed.

What's the difference between Diagnostic Services and Preventive Services?

Diagnostic services help your provider diagnose your illness and decide on your treatment. They may even involve some tests used as preventive services. But, these services are **not** preventive if you get them as part of a visit to:

- Diagnose a New Condition
- Monitor a Condition You Already Have
- Treat Illness or Injury

Why do Preventive Visits sometimes come with a bill?

The answer depends on what you talk about with your doctor during the visit.

Health maintenance and physical exams are covered by your health insurance as long as only preventive health topics are discussed. Recommended screening tests may be performed depending on your age and gender. If you discuss specific problems during your Health Maintenance appointment that a doctor, nurse practitioner or physician's assistant needs to address, your office visit will no longer be considered preventive care by your insurance company. As a result, we are required to bill the appointment as a normal office visit.

Preventive Visits do **not** include specific issues that require attention at the time of the visit. If you talk about these issues with your provider, it becomes A REGULAR OFFICE VISIT and your regular co-payment or share of cost may now apply to the visit.

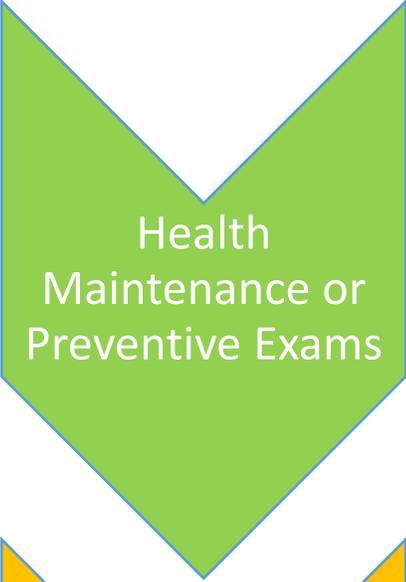
Some Examples of Preventive Care Services:

• Screenings, Assessments & Counseling, such as: - Vision & Hearing Screenings - Cholesterol, Blood Pressure & Blood Glucose Tests - Pelvic Exams, Pap Smears, Mammograms - Prostate & Colorectal Cancer Tests - Sexually Transmitted Diseases - Obesity, Depression, Tobacco & Alcohol Counseling.

(These services may be performed during a preventive care visit, depending on your age and gender)

• Select Immunizations

(These services may be performed during a preventive care visit, depending on your age and gender)



Health
Maintenance or
Preventive Exams

- Cover Preventive Measures only, and may include recommended Screenings and Tests depending on age and gender.



Are NOT

- Health Maintenance and Preventive Exams do NOT cover specific issues that require attention during your visit. IF you talk about these issues with your provider, the visit becomes:



A Regular Office
Visit

- Your regular co-payment and cost share may now apply to the visit.